



# CASS HELP AT HOME

Commonwealth Home Support Programme (CHSP)

CASS Can Help!



CASS WeChat  
Subscription Accounts

## CASS HOME AGEING SERVICES

(02) 9718 7305 (Intake direct line)  
(02) 9789 4587 (Extension 2115)

chsp@cass.org.au

www.cass.org.au

www.facebook.com/cass.oz

WhatsApp 0419 696 425

CASS1981

44-50 Sixth Avenue, Campsie NSW 2194



## CASS HELP AT HOME

### Commonwealth Home Support Programme (CHSP)

- Domestic Assistance
- Personal Care
- Home or Community General Respite
- Individual Social Support
- Group Social Support

Want to stay independent at home? Our CHSP services can help you remain independent and safe at home.



### OUR SERVICES MAY INCLUDE

- Simple housework
- Unaccompanied shopping
- Meal preparation
- Personal hygiene
- Companionship
- Accompanied shopping and doctor's appointment
- Relieve careers' stress from their caring roles
- Social Support Group & Centre-based Respite



### IF YOU ARE

- Aged 65 or above
- Wish to remain independent
- Approved by Regional Assessment Service Team for using the service



### SERVICE AREAS

#### Domestic Assistance

Northern Sydney

South-Eastern Sydney

South-Western Sydney

Western Sydney

#### Personal Care

South-Eastern Sydney

#### Individual Social Support

Northern Sydney

South-Eastern Sydney

South-Western Sydney

Inner-West Sydney

#### Home or Community General Respite

Northern Sydney

Western Sydney

South-Eastern Sydney

Inner-West Sydney



### FEE

- A small client contribution may apply for CASS CHSP services, which are supported by the Department of Health, Disability and Ageing.
- Discretion may consider for those in financial hardship

\* CASS Commonwealth Home Support Programme (CHSP) is funded by the Australian Government Department of Health, Disability and Ageing.



# 華人服務社家居支援服務

## 聯邦政府家居支援服務 (CHSP)



華人服務社CASS  
微信公眾號

### 華人服務社家居高齡服務

- ☎ (02) 9718 7305  
(家居高齡服務部直線, 服務登記處)
- ☎ (02) 9789 4587 (轉內線2115)
- ✉ chsp@cass.org.au
- 🌐 www.cass.org.au
- 📘 www.facebook.com/cass.oz
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### 華人服務社家居支援服務

#### 聯邦政府家居支援服務 (CHSP)

- 簡易家務 • 個人護理 • 社交支援 (個人)
- 社交支援 (小組) • 家庭或社區暫息服務

渴望在自己的居所內保持活躍? 我社的聯邦政府家居支援服務能協助你留在安全及舒適的居所, 安享黃金歲月。

#### 服務內容

- 基本家務
- 無陪伴購物服務
- 協助做飯
- 學整理個人衛生: 如洗澡
- 陪伴散步
- 陪同購物及醫生預約
- 緩解照顧者的壓力
- 樂年中心及日間暫息中心

#### 合資格人士

- 年齡六十五或以上
- 渴望在社區內保持活躍
- 經地區評估隊伍評估及批准使用有關服務



#### 服務地區

##### 簡易家務

- 📍 悉尼北區
- 📍 悉尼東南區
- 📍 悉尼西南區
- 📍 悉尼西區

##### 個人護理

- 📍 悉尼東南區

##### 社交支援 (個人)

- 📍 悉尼北區
- 📍 悉尼東南區
- 📍 悉尼西南區
- 📍 悉尼內西區

##### 家庭或社區暫息服務

- 📍 悉尼北區
- 📍 悉尼西區
- 📍 悉尼東南區
- 📍 悉尼內西區



#### 服務使用者分擔費用

- 本服務由澳大利亞政府衛生、殘疾和老齡部資助, 服務使用者可能需要支付分擔費用。
- 經濟上有困難者, 我們會按個別情況酌情考慮。

\* CASS聯邦政府家居支援服務由澳大利亞政府衛生、殘疾和老齡部資助。